



**10<sup>th</sup> SSA National Schools Artistic Swimming Championships 2019**  
**Toa Payoh Swimming Complex**  
**30 & 31 March 2019 (Saturday & Sunday)**

**Final Information Bulletin**

The 10<sup>th</sup> SSA National Schools Artistic Swimming Championships 2019 will be held at Toa Payoh Swimming Complex on 30<sup>th</sup> & 31<sup>st</sup> March 2019

Please refer to the following pages for the programme guide. Please be informed that the programme is subject to change without prior notice. Any change in final programme will be made available during the Team Manager's meeting on 30<sup>th</sup> & 31<sup>st</sup> March 2019.

**Please note the following important dates:**

**1. Music Practice on 29<sup>th</sup> March 2019 (Friday)**

Due to availability of pool, official music practice is from 1pm to 6pm on 29<sup>th</sup> March (Fri) only. Music practice time will be allocated to the Schools and Club/Affiliates in charge of the School. As we are having a very tight schedule on the 1<sup>st</sup> day of competition, we appreciate all Team Managers (or Teacher-in-charge & coaches) to submit Music CD and any other document to the music station Manager immediately before their music practice.

**1.1 Submission of the music CD:**

**IMPORTANT : One track per CD per routine per swimmer. (STRICTLY NO SHARING OF CD).**

The CD MUST clearly marked with the following :

**Name** : (Name of Swimmer /School)  
**Event** : (Solo / Duet / Team)  
**Category** : (Primary / Secondary / Invitational Open)  
**Division** : (A / B / C / D / Junior / Senior)

**SSA reserves the right to disqualify a swimmer if the swimmer does not have her own music CD. Even if 10 swimmers have the same routine music, each of the 10 swimmers must have their own CD with the same music.**

**2. 30<sup>th</sup> March (Saturday) & 31<sup>st</sup> March (Sunday), Toa Payoh Swimming Complex**

Swimmers may commence their warm up from 7.30am. Competition will start at 10.00am sharp on 30<sup>th</sup> March (Saturday) and 9.00am sharp on 31<sup>st</sup> March (Sunday)

**2.1 Swimmers ID Check –**

Swimmers are to carry their Photo ID with birth date, e.g. student bus pass, with them throughout the competition as the officials may conduct random check on swimmers.

**2.2 Swim suit check –**

There will not be any swim suit check but if the coaches/Team Manager has doubt on the swim suit, they may approach the Referee before the competition. In the event that the referee thinks the competitor(s) swimwear does not conform, the competitor will not be permitted to compete until changing into appropriate swimwear.

**2.3 Team Manager's (or Teacher-in-charge or coaches) Meeting at 8.30am on 30<sup>th</sup> March (Sat). The following matters will be discussed /handled:**

- a. Referee will review the competition rules
- b. All events are direct finals
- c. Withdrawal or change of swimmers to be submitted in writing on official form and to be given to the Referee 2 hours before the start of the particular event,
- d. Swimmers are to report to the marshal at least **15min** before the start of the event they are participating in. Late comers will not be allowed to participate in the event.
- e. All swimmers are expected to have FULL makeup and gelled hair for the competition.

**Prize Presentation – 31<sup>st</sup> March (Sunday), 2.30pm**

2.4 Prize presentation for the competition will be held on 31<sup>st</sup> March (Sun) at approximate 2.30pm. Top 3 positions for each event are to report to the volunteers at the prize presentation area 20mins before the start of the prize presentation.

2.5 Please note that certificates of participation will be given to all participants through their schools after the competition.

2.6 Thank you and we look forward to your school's participation.

**Please direct ALL enquiries to:**

Attn: Ms Myra Goh

Singapore Swimming Association | OCBC Aquatic Centre, 7 Stadium Drive, #01-50, Singapore 397632

Tel: 6258 1011 | Fax: 6258 4793 | Email: [synchro@swimming.org.sg](mailto:synchro@swimming.org.sg)

**10<sup>th</sup> SSA National Schools Artistic Swimming Championships 2019 Organising Committee**

Steve Chew - VP Artistic Swimming, SSA, Head of Judges Panel

Myra Goh - Chief Liaison, Sports Manager, SSA Artistic Swimming

**Program Guide**

Date	Time	Activities		
<b>DAY 1</b> <b>30 Mar (Sat)</b>  <b>Toa Payoh</b> <b>Swimming Complex</b>	07:30 – 09:30	Open pool for warm up (No music practice)		
	8:30	TM Meeting		
	8:30	Music Run thru		
	8:45	Judges / TO Meeting		
	9:30	End of warm up sessions, competition starts 10am		
	<b>Time</b>	<b>Event No</b>	<b>Div</b>	<b>Event</b>
	10:00	101	Sec Div - A	Solo
		102	Open - Senior	Solo
	Break			
	11:15	103	Pri Div - C	Solo
		Break		
	12:15	104	Pri Div -B	Solo
	Lunch			
	14:00	105	Sec Div – C	Duet
		106	Sec Div - B	Duet
		107	Sec Div - A	Duet
	Break			
15:00	108	Pri Div - D	Solo	
Break				
16:10	109	Open - Junior	Solo	
End of Day 1				

Date	Time	Activities		
<b>DAY 2</b> <b>31 Mar (Sunday)</b>  <b>Toa Payoh</b> <b>Swimming Complex</b>	07:30 – 08:45	Open pool for warm up (No music practice)		
	8:00	TM Meeting		
	8:00	Music Run thru		
	8:00	Judges Meeting		
	8:45	End of warm up sessions, competition starts 9am		
	<b>Time</b>	<b>Event No</b>	<b>Div</b>	<b>Event</b>
	9:00	201	Pri Div D	Duet
		202	Pri Div C	Duet
		203	Pri Div B	Duet
	Break			
	9:35	204	Sec Div - C	Solo
		Break		
	11:05	205	Sec Div - B	Solo
	Lunch			
	13:00	206	Pri Div - D	Team
		207	Pri Div - C	Team
		208	Pri Div - B	Team
Break				
13:30	209	Sec Div - C	Team	
	210	Sec Div - B	Team	
	211	Sec Div - A	Team	
End of Day 2				
Prize Presentation				

- Subject to change owing to weather conditions/unforeseen circumstances

<b>Music Practice Schedule</b> <b>Friday, 29<sup>th</sup> March (1pm – 6pm)</b>
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S/No	Team	Start	End
1	APSC	13:00	13:38
2	Aquadance	13:38	13:43
3	KGA	13:43	13:53
4	Speedi	13:53	14:45
5	Swimfast	14:45	15:20
6	28 Degrees	15:20	15:22
7	NT Coach	15:22	15:29
8	MGS Pri - APSC	15:29	15:34
	MGS Pri - Swimfast	15:34	16:24
9	MGS Sec - APSC	16:24	16:26
	MGS - Swimfast	16:26	17:11
	MGS - NT	17:11	17:21
10	SCGS - APSC	17:21	17:34
	SCGS - 28 degrees	17:34	17:49
11	SSP - APSC	17:49	17:51
	SSP - NT	17:51	17:53
	SSP - Swimfast	17:53	18:00

## Note :

1. Practice with Music is only scheduled at the following
  - a. All National Team athletes, SCGS, MGS & SSP swimmers are to follow timing given to their school
  - b. Rest of the schools are to follow club's timing
2. Practice with Music is to be conducted at the diving pool only
3. There will be 4-lanes reserved at the Olympic pool for warm up and normal practice during **competition** days. Only team that are allocated the scheduled music practice time is allowed to use the diving pool.
4. Team to submit CDs to music station Manager at least 1 hour before scheduled music practice time
5. Team is to provide listing of music to the music station OR assign person to be at the music station
6. Do be punctual for the music practice. No replacement of music practice if team is late
7. Music stop immediately when time is up.
8. In case of bad weather, music practice may be changed, delayed or cancelled
9. The music practice time is subjected to change without prior notice and decisions of the Organising Committee is final