



10th SSA National Schools Artistic Swimming Championships 2019
30 & 31 March 2019 (Saturday & Sunday)

Bulletin One

Singapore Swimming Association would like to invite all schools to participate in the **10th SSA National Schools Artistic Swimming Championships 2019**.

Date : 30 March 2019 (Saturday) to 31 March 2019 (Sunday)
Venue : Toa Payoh Swimming Complex
Time : 9am to 6pm

Rules and Regulations:

The Competition shall be held according to the latest Rules of the FINA Handbook (2017 - 2021) and the rules as adopted by Singapore Swimming Association (SSA) and Singapore Schools Sports Council (Swimming Rules & Regulations).

Rules may be amended if an exceptional situation requires it and the final decision lies with the Organising Committee and SSA. Any clarifications and queries will be addressed officially in writing to the competition secretariat.

Protests as per FINA GR 9.2, must be submitted to Referee in writing by the responsible team leader, together with a non-refundable deposit of S\$100 within 30 minutes following the conclusion of the respective event.

1. Events

- 1.1** Primary Division A, B, C, D – Solo, Duet and Team
- 1.2** Secondary Division A, B, C – Solo, Duet and Team
- 1.3** Invitational / Open Division Junior, Senior – Solo only
- 1.4** Any events with less than 3 entries may be cancelled
- 1.5** Male swimmers are welcome to participate, however, there will be no separate division and they will compete in the girls' divisions for the medals

2. Entries

- 2.1** There is no restriction on the number of swimmers each school may enter in the competition. However, for team events, if a school decides to send **more than 1** team for the same division, the preceding team **must** comprise a minimum of 8 swimmers (excluding reserves). The number of athletes in Team events may be three to eight (3-8). 2 reserves are allowed per team.
E.g.
 - *If 2 teams: First team: 8 swimmers and second team may be three to eight (3–8) swimmers.*
 - *If 3 teams: First and second team: 8 swimmers EACH and third team may be three to eight (3-8) swimmers.*

- 2.2** Each swimmer is only allowed to enter 1 solo, 1 duet and 1 team event.
- 2.3** Swimmers must participate in their respective Divisions **except** for the Team event.
E.g. the swimmer may swim solo/duet in the C division and elect to swim UP in the B or A division team event if there are insufficient swimmers in the B or A division.

3. Divisions

3.1 Primary Divisions

Divisions	Age Group
A Division	Born in 2006 and 2005*
B Division	Born in 2007
C Division	Born in 2008
D Division	Born in 2009 and later

*Still studying in Primary Level

3.2 Secondary Divisions

Divisions	Age Group
A Division	Born in 2002, 2001, 2000, 1999,
B Division	Born in 2004, 2003 and 2002**
C Division	Born in 2006 and 2005

**Still studying in Secondary Level

3.2.1 In general, all pupils shall take part in their respective age group with the exception of:

Divisions	Age Group
JC & Centralized Institute	All pupil MUST participate in A Division
IP (Through-Train) / IB	Year 1 to Year 4 shall compete in their respective age group Year 5 to Year 6 (equivalent to JC) shall compete in A Division

3.2.2 All students representing Secondary Schools must compete in the 'B' or 'C' Division according to their year of birth.

3.2.3 All students representing Secondary Schools not born in the stipulated year for 'B' or 'C' Division must compete in the 'A' Division.

3.3 Invitational / Open Divisions

Divisions	Age Group
Junior Division	- Born in 2007 and later - Student from International Schools
Senior Division	- Born in 2006 and earlier - Students from Polytechnic, University, International Schools

4. Routines

4.1 Competition will be based 100% on free routine scores.

4.2 Time Limits for the routine as follow:

Primary Divisions

Divisions	Time Limit		
	Solo (Free Routine) Minutes (+/- 30s)	Duet (Free Routine) Minutes (+/- 30s)	Team (3-8 persons) (Free Routine) Minutes (+/- 30s)
A Division	2:00 +/-	2:30 +/-	3:00 +/-
B Division	2:00 +/-	2:30 +/-	3:00 +/-
C Division	2:00 +/-	2:30 +/-	3:00 +/-
D Division	2:00 +/-	2:30 +/-	3:00 +/-

Secondary Divisions

Divisions	Time Limit		
	Solo (Free Routine) Minutes (+/- 30s)	Duet (Free Routine) Minutes (+/- 30s)	Team (3-8 persons) (Free Routine) Minutes (+/- 30s)
A Division	2:30 +/-	3:00 +/-	4:00 +/-
B Division	2:15 +/-	2:45 +/-	3:30 +/-
C Division	2:15 +/-	2:45 +/-	3:30 +/-

Invitational / Open Divisions

Divisions	Time Limit
	Solo (Free Routine) Minutes (+/- 30s)
Junior Division	2:00 +/-
Senior Division	2:15 +/-

4.3 Maximum deck time: 10 seconds.

4.4 Each Team entry for Team events may have a minimum number of 3 to a maximum number of 8 swimmers.

- PLEASE NOTE: A penalty of 0.5 points per swimmer shall be deducted where the team has less than 8 members.
E.g. if a team has only 3 swimmers, 2.5 points shall be deducted from the total score; if the team has 7 swimmers, 0.5 points shall be deducted.

4.5 For Team Routine, the rule AS 4.3 in FINA Rule 2017-2021 does not apply in this competition, ie, no restriction of number of acrobatic movements in a team free routine.

- 4.6 For this championship, swimmers representing their School are not allowed to use any of the National Team's/ National Youth Team's routines choreographed and used by the National / National Youth Team between 1 Jan 2016 to 31 Dec 2018.

5. Routine Scoring System

Routines will be judged based on FINA Rule 2017 - 2021:

- 30% Execution (EXEC); 40% Artistic Impression (AI), 30% Difficulty (DIFF), totaling 100% to determine the score of a routine. All events are direct Finals.

6. Judges

Judges for this competition will be assigned by the SSA-TASC, Head Judges Panel.

7. Music Submission

- 7.1 Digital music will be used at this competition
- 7.2 Routine should be saved in **MP3 format** emailed by **10 March 2018** to SporeOpenAS@gmail.com
- 7.3 Routine to be named as follows:
CategoryDivison_Event_School_LastName_Initials-LastName_Initials.mp3
- a. Category: PRI, SEC, OP
 - b. Division: A, B, C, D, JNR, SNR
 - c. Event: SF, DF, TF
 - d. Name: For duets, please use both last name and initial (without reserve)
E.g Ng Vivien, Kok Tracy - E.g: SECB_DF_MGS_Ng_V-Kok_T
 - e. For teams, please use the first swimmer's last name and initials (first last name in alphabetical order) – Chan Jessica
E.g: SECB_TF_MGS_Chan_J
- 7.4 It is recommended to include in 2-3 second lead from 'play' until music starts.
- 7.5 Please save your routines in a CD and bring along as back-up

8. Team Managers (or School-in-charge)

- 8.1 Drawing of competitor's start list will be conducted at **10am, 20 March 2019 (Wed)** at the Singapore Swimming Association. All Team Managers are encouraged to witness the draw.
- 8.2 All Team Managers are required to attend the Team Managers' meeting which will be held on the morning on **30 & 31 March 2019** before the start of the competition.
- 8.3 Team Managers are to submit to the Referee, changes (if any) to entries at least **2 hours before the start of the respective event.**

9. Prizes

9.1 Medals will be awarded to the top 3 positions for Solo, Duet and Team Events in each division.

9.2 Trophies will be awarded to Schools as follows:

- a. Divisions Champions
 - Primary - A, B, C, D
 - Secondary - A, B, C
- b. Secondary and Primary Division Champions
 - Overall Champion
 - 1st Runner-Up
 - 2nd Runner-Up

9.3 To determine the Winners in 9.2, points will be awarded to participating schools for the top 8 positions in each event in accordance with the rules and regulations of the Singapore Schools Sports Council as follows:

Position	1st	2nd	3rd	4th	5th	6th	7th	8 th
Points	9	7	6	5	4	3	2	1

9.4 In the event of a tie in an individual event, for the calculation of 9.2, the higher of the points in the tie position will be awarded to the Schools.

Eg. If Schools A & B are tied in 3rd & 4th positions, 6 points will be awarded to both Schools.

10. Deadlines for Entries

Submission of Final Entries : **noon, 25 February 2019 (Mon)**
Entries to be done via online : <https://goo.gl/forms/NIPLi4umEcT3vuqG3>

NOTE:

1. **Forms MUST be endorsed with the School stamp, failing which such forms will be deemed as an incomplete entry. Kindly provide the name of the coach(es) in charge of the school programme.**
2. **Incorrect and incomplete entries may lead to disqualification of participants.**

For further queries, please email to:

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