

Competition	7th FINA Junior World Swimming Championships Budapest, Hungary August 20-25, 2019
SSA Qualifying Period	1 January 2019 – 30 June 2019
Initial Release Date	16 July 2018

Selection Events	<ul style="list-style-type: none"> • 50th Singapore National Age Group Swimming Championships 2019 • 15th Singapore National Swimming Championships 2019 (For open spaces available after SNAG 2019 and potential relay selection) • Overseas Based Athletes not returning for 50th SNAG can select one qualifying meet between 1 January 2019 – 30 April 2019. • Overseas Based Athletes not returning for the 15th SNSC can select one qualifying meet during the month of June 2019. • Both Overseas Based Athletes selected meets must comply with FINA standards for 2019 World Swimming Championship qualifying events. Submission of these meets must be received at Singapore Swimming Association (SSA) by 1700hrs 30 September, 2018. <ul style="list-style-type: none"> ○ Nomination of one Overseas meet is to be sent to sonya.porter@swimming.org.sg ○ The overseas based athlete is responsible to seek clarification from the host country that the meet is a FINA qualifying event ○ Any times submitted that are not from a FINA qualifying event will NOT be accepted. ○ Official times must be sent directly to SSA within two days of the meet conclusion. ○ Send results to Jessica.Chua@Swimming.org.sg
Age Eligibility	Boys – 15-18 years on 31 December 2017 (born 2004, 2003, 2002, 2001) Girls – 14-17 years on 31 December 2017 (born 2005, 2004, 2003, 2002)
Priority of 2019 Summer Meet Selection	<p>Priority 1: FINA World Championships 2019 Priority 2: FINA Junior World Championships 2019 Priority 3: FINA World Cup Circuit 1</p> <ul style="list-style-type: none"> • Any Junior swimmer selected to FINA World Championships is eligible for selection to FINA Junior World Championships (Age Dependant), but if school schedule only permits travel to one of the meets, selection will be determined by SSA National Head Coach and Performance Director based on performance outcomes for Team Singapore.
General Eligibility	<p>To be considered for selection, a swimmer must meet all of the following eligibility criteria and maintain through the Championships:</p> <ul style="list-style-type: none"> • Be a Singapore citizen, eligible to represent Singapore. • Be a registered member of SSA in good standing. • Have a signed current SSA Athlete Agreement. • Met performance standards as designated by SSA

	<ul style="list-style-type: none"> • Times must be achieved in an individual event; relay lead-off times, intermediate splits or swim-off results will not be considered for individual selection purposes. Relay lead-off times may be considered for relay only selection purposes only. • Have competed in the 50th SNAG Championships and the 15th SNSC or designated accredited meets if based overseas (15th SNSC or an equivalent International FINA Qualifying Meet during the month of June 2019, is the only additional meet that swimmers can attain selection after 50th SNAG – see below – but if living and training overseas an equitable in season competitive meet to the 15th SNSC is required), unless granted an exemption under the provisions of the criteria by the SSA Selectors: <ul style="list-style-type: none"> ○ This exemption will only be granted due to extenuating circumstances. ○ On request of SSA, evidence shall be provided of the extenuating circumstances, prior to the exemption being considered. • Extenuating circumstances can include but is not limited to: <ol style="list-style-type: none"> 1. Injury or Illness 2. Equipment Failure 3. Travel Delays 4. Bereavement • Continues to train for peak swimming performance. Athletes not on par toward peak performance can be removed from the team. <ol style="list-style-type: none"> a. All athletes selected along with their coaches will be required to submit individual athlete training and performance plans (IATPP) that include expected outcomes leading into the 2019 FINA Junior World Championships. b. All athletes are subject to fitness and testing protocols by SSA HPT as deemed appropriate to determine fulfilment of full time training commitment specified by the IATPP. c. Injuries or Illness that significantly interfere with full time training loads must be followed up with SSI Team Doctors to determine capacity to travel and compete in the qualified event. • Be available to fulfil the Team Commitments as listed below and any additional commitments following selection. • Not used or administered any substance which, if it had been detected as being present in the athlete’s body tissue or fluids, would have constituted doping, or used any prohibited method or committed any other doping offence as defined in ADS’s, WADA or FINA’s Anti-Doping By-law.
<p>Team Commitments</p>	<p>All swimmers and officials must:</p> <ul style="list-style-type: none"> • Comply with the provisions of the SSA Athletes Agreement at all times. • Conform to SSA requirements regarding team participation. This includes, but may not be limited to, providing an acceptable training plan, attendance at a pre-event camp and wearing team uniform as required. • Make themselves available for all team activities designated by SSA.

	<ul style="list-style-type: none"> • Not act in such a manner as to bring the athlete or SSA into public disrepute. • All swimmers and officials are required to appear at events and platforms whereby their images and presence are needed to achieve SSA's objectives.
<p>Performance Requirements</p>	<p>To be considered for selection for individual events for the 2019 7th FINA Junior Swimming World Championships, swimmers are required to:</p> <p>Priority One</p> <ul style="list-style-type: none"> • Achieve an A Time Standard as shown below in Table 1. at 50th SNAG or equivalent overseas designated selection meet. • The Automatic Qualifying time is set by SSA for this championship. • The fastest two swimmers with an A Time Standards will be selected to the meet. • Should more than two swimmers achieve the same qualifying A time at the 50th SNAG or an overseas based swimmer's equivalent selection event then the following swimmer will be selected: <ul style="list-style-type: none"> ○ For local and Internationally based swimmers' tie: <ul style="list-style-type: none"> ▪ Second fastest time at one of the qualifying meets (and subsequent times should there continue to be a tie) in that event during the Selection Event will be used to determine which swimmer is selected. ○ For local swimmers only in a tie selection will be based by as follows: <ul style="list-style-type: none"> ▪ Priority 1: A Final ▪ Priority 2: B Final ▪ Priority 3: C Final ▪ Priority 4: D Final ▪ Priority 5: Prelims • Should more swimmers achieve the qualifying A-Standard than team places available, all swimmers will be ranked according to their best FINA World Ranking (using 1 September 2017- 31 August 2018 as the standard) • Relay splits will not be considered for selection for individual events. <p>Priority Two (For Events without individual qualifiers after 2019 SNAG)</p> <ul style="list-style-type: none"> • Achieve an A Time Standard as shown below in Table 1. at the 15th SNSC or equivalent overseas designated selection meet. • The fastest swimmers with an A Time Standards will be selected to fill open spaces up to the maximum of 2 swimmers per event. <p>The same selection process from Priority One 50th SNAG applies to the Priority Two 15th SNSC when two or more swimmers achieve the same time at 15th SNSC to fill open spaces. (See above)</p> <p>Nomination for Other Events:</p> <ul style="list-style-type: none"> • At the sole discretion of the National Head Coach and Performance Director, swimmers who qualify for the 2019 7th FINA Junior Swimming World Championships on the above criteria may request to swim additional events (including events in which they have achieved the qualifying criteria in FINA Meets not listed above) if there is an available

	<p>position. Decisions about additional events will be finalized by SSA in consultation with the selected National Head Coach and Performance Director.</p> <p><u>Criteria for Selection to Relay Events:</u> All swimmers achieving individual selection to the 7th FINA Junior World Championships are eligible for relay positions.</p> <p>Based on team places available after individual selection relay only swimmers will be selected by the following priority:</p> <ul style="list-style-type: none"> • Best relay add-up times will be ranked based on fastest percentage from qualifying A Time Standard to determine most competitive relays. Relays will be filled by ranking until all team places are filled. • Performance rankings in the individual event of the same stroke and distance will be used to determine relay only selections, provided the add-up time equals or betters the Relay A time Standard shown in table 1. • For the 4 x 100m Freestyle and 4 x 200m Freestyle Relays, top 4 x 100m and 200m Freestyle swimmers will be selected. For the 4 x 100m Medley Relay each position will be filled with the best individual stroke performance. • An alternate 100m and 200m freestyler will be selected should the maximum team size not yet be filled and the add up time, less the fastest swimmer, adds up to the Relay A-Time Standard as per Table 1. • The final decision of the composition of the relays will be made by the National Team Head Coach and Performance Director.
Team Size	<ul style="list-style-type: none"> • SSA intends to send up to 30 swimmers a maximum of 2 representatives per each individual event, up to 15 swimmers per gender. First priority to 15 male and 15 female swimmers, however there will be no restriction to gender should spaces remain available after selection is exhausted and there are remaining qualifiers of the opposite gender. • The fastest 2 qualifying swimmers of each individual event determined by the above selection criteria priorities, within the qualifying window will, by default, be automatically nominated to represent Singapore at the 2019 7th FINA Junior Swimming World Championships. If one of the 2 fastest swimmers choose not to swim in a particular individual event, the slot will go to the 3rd fastest qualifying swimmer in the event and so on. • Should more swimmers achieve the A-standards per priority than places available (30) across all events, athletes within each priority will be ranked by highest World Ranking (1 September 2017 – 31 August 2018) and selected in chronological order until places are filled, with a maximum of two swimmers only per event. Priority will remain as 15 males and 15 females unless one gender does not have sufficient qualifiers to fulfil the max quota. • SSA shall not be obligated to take a full team of two athletes per event should a qualifying athlete not be available for selection.

<p>Intention to Compete</p>	<p>30 June 2019 is the deadline to accept nomination to participate.</p> <ul style="list-style-type: none"> • A tentative roster will be declared and posted to the SSA website after the conclusion of the 50th SNAG Championships, pending outcome of April 30th final submission of entry times for overseas meet qualification. • Individual Selection at the 15th SNSC will be for events that have spaces remaining after 50th SNAG only. • Final relay only selections will be made after the 15th SNSC. • All qualifying swimmers will be notified via club and by person on June 26th on their selection to the 2019 7th FINA Junior World Swimming Championship Team and have until 30 June to declare intention to participate. • Intention to Participate will require submission of the signed Athletes Agreement that will be attached to the notification sent by email. • Athletes agreement must be emailed to Jessica.Chua@swimming.org.sg by 7pm 30 June, 2019. • IATPP must be submitted by 30 June 2019 with intent to participate and signed Athlete Agreement.
<p>Coaches Selection</p>	<p>The National Head Coach and Performance Director will assume the role of National Team Director and The National Youth Head Coach will assume the role of the Head Coach for the 2019 7th FINA Junior Swimming World Championships.</p> <p>The number of coaches selected will depend on the number of swimmers selected to the meet with a maximum ratio of 1:4 (1 coach x every 4 swimmers).</p> <p>Coaches placing swimmers on the team that have achieved individual A Time Standard will be selected in accordance to the following priority.</p> <ul style="list-style-type: none"> • Priority 1 goes to coaches with swimmers that have times that would have qualified for the final at the 2017 FINA Junior World Championships. <ul style="list-style-type: none"> ○ Coaches will be ranked according to their swimmer's highest individual event FINA World Ranking (1 September 2017- 31 August 2018) • Priority 2 goes to coaches with more individually qualified swimmers. <ul style="list-style-type: none"> ○ Coaches will be ranked: <ol style="list-style-type: none"> 1. By the total number of swimmers placed on the team. 2. According to their swimmer's highest individual event FINA World Ranking (1 September 2017-31 August 2018) • Priority 3: If there are more coaches placing swimmers on the team than the ratio of coaches permits (1 to 4), then a coach priority list will be determined via swimmer's best individual event FINA World Ranking (1 September 2017-31 August 2018). <p>The nominated coach of an athlete must be the coach of record for at least 3 months prior to the athlete's selection to and be the coach of record leading into the 2019 FINA Junior Swimming World Championships.</p>
<p>Notes</p>	<p>FINA is the international governing body for 2019 Junior Swimming World Championships. Selection criteria is set by SSA for this meet.</p>

SELECTION CRITERIA- 7TH FINA JUNIOR WORLD SWIMMING
CHAMPIONSHIP, BUDAPEST



	<p>The selection committee will consist of the following</p> <ul style="list-style-type: none">• Joscelin Yeo• Kelvin Yew• Stephan Widmer• Sonya Porter• Gary Tan <p>The appeals committee will consist of the following</p> <ul style="list-style-type: none">• Lee Kok Choy• Bervyn Lee• Ho Mun Wai
Approved Date	16 July 2018

Automatic Qualifying Times

Table 1

(7th FINA Junior World Qualifying Times calculated from SSA World Championships B Cut +1%)



2019 FINA Junior Swimming World Championships
Budapest (HUN)
SSA Qualifying Times

WOMEN					Event	MEN				
OLYMPIC Cuts		SSA Worlds Cuts		SSA JWC Cuts		SSA JWC Cuts	SSA Worlds Cuts		OLYMPIC Cuts	
A-Cut 2 Entries	B-Cut 1 Entry	A-Cut 2 Entries	B-Cut 1 Entry	A-Cut 2 Entries	A-Cut 2 Entries	A-Cut 2 Entries	B-Cut 1 Entry	A-Cut 2 Entries	B-Cut 1 Entry	
0:24.77	0:25.51	0:25.04	0:25.51	0:25.77	50m Freestyle	0:22.90	0:22.18	0:22.67	0:22.01	0:22.67
0:54.38	0:56.01	0:54.49	0:56.01	0:56.57	100m Freestyle	0:50.53	0:48.80	0:50.03	0:48.57	0:50.03
1:57.28	2:00.80	1:58.66	2:00.80	2:02.01	200m Freestyle	1:51.33	1:47.40	1:50.23	1:47.02	1:50.23
4:07.90	4:15.34	4:10.57	4:15.34	4:17.89	400m Freestyle	3:55.92	3:48.15	3:53.58	3:46.78	3:53.58
8:33.36	8:48.76	8:38.56	8:48.76	8:54.05	800m Freestyle	8:13.43	7:54.31	8:08.54	7:54.31	8:08.54
16:32.04	17:01.80	16:32.04	17:01.80	17:12.02	1500m Freestyle	15:37.30	15:07.38	15:28.02	15:00.99	15:28.02
		0:28.22	0:28.75	0:29.04	50m Backstroke	0:25.98	0:25.17	0:25.73		
1:00.25	1:02.06	1:00.59	1:02.06	1:02.68	100m Backstroke	0:56.02	0:54.06	0:55.47	0:53.85	0:55.47
2:10.39	2:14.30	2:11.53	2:14.30	2:15.64	200m Backstroke	2:02.24	1:58.34	2:01.03	1:57.50	2:01.03
		0:31.22	0:31.81	0:32.12	50m Breaststroke	0:28.28	0:27.39	0:28.00		
1:07.07	1:09.08	1:07.43	1:09.08	1:09.77	100m Breaststroke	1:02.35	0:59.95	1:01.73	0:59.93	1:01.73
2:25.52	2:29.89	2:25.91	2:29.89	2:31.39	200m Breaststroke	2:15.60	2:11.00	2:14.26	2:10.35	2:14.26
		0:26.34	0:26.83	0:27.10	50m Butterfly	0:24.42	0:23.66	0:24.18		
0:57.92	0:59.66	0:58.48	0:59.66	1:00.26	100m Butterfly	0:54.06	0:51.96	0:53.52	0:51.96	0:53.52
2:08.43	2:12.28	2:09.21	2:12.28	2:13.60	200m Butterfly	2:01.17	1:56.71	1:59.97	1:56.48	1:59.97
2:12.56	2:16.54	2:13.03	2:16.54	2:17.91	200m IM	2:04.49	2:00.22	2:03.26	1:59.67	2:03.26
4:38.53	4:46.89	4:43.06	4:46.89	4:49.76	400m IM	4:24.07	4:17.90	4:21.46	4:15.84	4:21.46
SSA Relay Qualification Times										
A-Cut WC	A-Cut WJC			A-Cut WJC	A-Cut WC					
3:44.06	3:49.30	4x100m FR		3:22.01	3:18.13					
8:06.67	8:10.04	4x200m FR		7:25.79	7:17.99					
4:12.04	4:12.41	4x100m Medley		3:43.54	3:36.61					