

SELECTION POLICY
2016 10th Asian Swim CHAMPIONSHIPS – Tokyo, Japan
14th-20th November 2016

1. GENERAL INFORMATION ELIGIBILITY

- 1.1. Team Size: Maximum squad size of 30 athletes. 15 Male and 15 Female.
- 1.2. Swimmers will be selected from Olympic Games, Junior Pan Pacific and SEA Swim Qualifiers or those attaining equivalent selection times at the June 12th SNSC meet.
 - 1.2.1. Selection will be based on the highest FINA point ranking achieved during qualifying, the subsequent championship meet and the June 12th SNSC.
 - 1.2.2. Swimmers must provide evidence of a fulltime training schedule with preparation including this championship meet to be eligible for selection, to be provided by Sept 30, 2016
- 1.3. There is a maximum of two spots available per individual event. Qualified swimmers at the discretion of the National Team Head Coach will have the opportunity to swim additional events to those qualified in should an event not be filled.
- 1.4. Relay only swimmers will be selected for this meet, if any available spots remain in the swimmer cap and if the swimmers have attained the qualifying criteria from 1.2 and 1.3. Otherwise relays will be swum only by swimmers already qualified for the Championship.
- 1.5. The swimmers selection will be done based on the times achieved at the following competitions:
 - 1.5.1. 47th Singapore National Age Groups Swimming Championships – 16th to 20th of March, 2016.
 - 1.5.2. SEA Swim Championships 2016
 - 1.5.3. 12th Singapore National Swimming Championships – 23-26 June 2016
 - 1.5.4. Olympic Games 2016
 - 1.5.5. Junior Pan Pacific Championships 2016
 - 1.5.6. No other competition dates will be accepted for qualification.
- 1.6. The SSA Qualifying Time Standards for the 2016 Asian Swimming Championships are shown in Table-1 and Table -2 (Table 2 for Junior Swimmers only 18 and under).
- 1.7. Qualified Swimmers must accept and sign the athlete agreement by Sept 30 2016, along with evidence of a full-time training schedule including this championship meet.

2. SWIMMERS SELECTION – INDIVIDUAL EVENTS

- 2.1. Individual Selection: As per meets designated in 1.5
 - 2.1.1. The fastest two (2) swimmers per individual event that achieve the SSA Time Standards (Table-1, Table-2 for Junior swimmers 18 and under only) with a maximum squad size of 30 swimmers 15 male / 15 female.
 - 2.1.2. If more than 15 per gender achieve the qualifying standard, the selection will be by order of the swimmers with the highest FINA points until the roster of 30 swimmers (15 Boys & 15 Girls) up to (2) swimmers per individual event is completed.
- 2.2. Event Selection:
 - 2.2.1. In case that after the selection of swimmers and events there are still some events open, the SSA High Performance Team, upon the recommendation of the National Team Head Coach, reserves the right to fill out that event with one of the swimmers already selected for the meet

- 2.3. Any Team Spots that are open after Selection is completed will remain vacant.
- 2.4. If a swimmer that qualifies in an individual event declines to swim that event, the vacant spot will be replaced by the next swimmer that has reached the qualifying standards.
- 2.5. Times accomplished as a split of an individual event will not be used to qualify.
- 2.6. In the event that there is a tie between two swimmers during any of the FINALS for the final open spot. The results from the prelims will be taken into consideration. The swimmer with the fastest prelim swim will qualify for the meet.
 - 2.6.1. In the event that two swimmers tie in both the HEATS and FINALS and both achieving the qualifying time, there would then be a swim off at a designated time during the course of the meet. Winner of the swim-off would then be the swimmer selected for the final open slot.
 - 2.6.1.1. If the tied times come from different meets, then the preceding meet results for each athlete will be considered to determine priority.
- 2.7. Swimmers that reach the qualifying time in the Prelims but do NOT participate in the Finals will not be selected unless the swimmer has been medically exempted or a participant at the Olympic Games or Junior Pan Pacific Championships.
 - 2.7.1. In this case the swimmer will have to present a certificate from the doctor stating that the swimmer had to pull out of the competition for medical issues. This certificate will have to be delivered to the National Team Head Coach no later than 48 hours after the swimmer pulls out of the event.

3. **SWIMMERS SELECTION – RELAYS will be selected WITH ATHLETES MAKING THE MEET, unless there are available spots on the roster and swimmers will be invited if they have met the selection criteria.**

- 3.1. For the 4 x 100m Freestyle & 4 x 200m Freestyle Relays
 - 3.1.1. The top two qualified swimmers in each event will have a secured spot in the relay final.
 - 3.1.1.1. The coaching staff will meet the day before the relay to discuss who will swim in the Prelims. Finals spots on the relay will be discussed based on morning preliminary results.
- 3.2. 4 x 100m Medley Relay

The top qualified swimmer of each individual 100m stroke will be considered as a priority for Finals. The coaching staff will meet the day before the relay to discuss who will swim in the Prelims.

 - 3.2.1. Mixed 4 x 100m Freestyle & 4 x 100m Medley Relays
 - 3.2.2. The coaching staff will meet the day before the relay to discuss who will swim in the Prelims.
- 3.3. The Appointed Head Coach will make the final decision on who will swim in the relays after consulting with the coaching staff.

4. **SELECTION OF COACHES**

- 4.1. The SSA High Performance Coach will assume the role of National Team Coach and assign a Head Coach for each gender for the above championship.
- 4.2. The number of coaches will depend on the number of swimmers selected with a maximum ratio of 1:5 (1 coach x every 5 swimmers), with a max cap of 2 coaches selected per club.
 - 4.2.1. Up to 6 coaches appointed including the Appointed Head Coach:
 - 4.2.1.1. Head Coach Boys Team 1

4.2.1.1.1.	Assistant Coaches	up to 2
4.2.1.2.	Head Coach Girls Team	1
4.2.1.2.1	Assistant Coaches	up to 2

4.3. A Maximum of 6 coaches will be named in accordance with the following criteria and priority:

4.3.1. Number of swimmers that have achieved the individual SSA Time Standard (Table-1, Table-2).

4.3.1.1. The coach must be coach of record for at least 6 months prior to selection.

4.3.2. Level of Qualified swimmers by the FINA points Table.

4.3.3. Number of swimmers that have qualified for the meet.

4.4. The rest of the Assistant Coaches will be selected by Singapore Swimming Association.

4.5. Every coach must be up to date with current regulations and sign a coaches agreement on acceptance of a coaching position.

5. GENERAL CRITERIA

5.1. Every member of the Team will have to attend all the activities designed by the National Team Head Coach in preparation for the 2016 10th Asian Swimming Championships. Swimmers who are unable to attend a certain activity are required to inform the National Team Head Coach in writing where he will assess on a case by case basis.

5.2. Every selected swimmer will have to fill out and sign the **Athlete's Agreement** to confirm their participation for the 2016 10th Asian Swimming Championships in Tokyo, Japan.

5.3. All swimmers and coaches will have to accept and follow the equipment rules established by FINA, Asian Swimming and the SSA.

5.4. The SSA High Performance Team, upon the recommendation of the National Team Head Coach, reserves the right to propose the addition of a swimmer that has not been selected following the established criteria for the benefit of the goals and performance of Singapore Swimming High Performance Development purposes.

5.5. Swimmers and Officials are required to appear at events and platforms whereby their images and presence are needed to achieve SSA's objectives.



Cuts are based on 4th place finish at 2015 SEA Games

Table-1

SSA Time Standards				
2016 SEA Swimming Championship				
Boys		Event	Girls	
Olympic B-Cut	SEA Games 4th Place Time		SEA Games 4th Place Time	Olympic B-Cut
23.05	23.31	50m Freestyle	25.82	26.17
50.70	50.67	100m Freestyle	56.42	56.43
1:51.75	1:50.82	200m Freestyle	2:03.83	2:03.13
3:58.51	3:58.34	400m Freestyle	4:23.69	4:17.80
		800m Freestyle	8:58.29	8:51.96
15:46.79	15:58.34	1500m Freestyle		
56.26	57.28	100m Backstroke	1:05.18	1:02.36
2:02.36	2:06.15	200m Backstroke	2:19.35	2:15.17
1:02.69	1:03.40	100m Breaststroke	1:11.93	1:10.22
2:16.97	2:18.35	200m Breaststroke	2:36.97	2:32.08
54.19	54.28	100m Butterfly	1:01.36	1:00.80
2:01.06	2:02.39	200m Butterfly	2:15.16	2:13.86
2:04.39	2:02.61	200m Individual Medley	2:20.72	2:18.96
4:25.69	4:29.79	400m Individual Medley	5:00.96	4:53.38

Criteria A-Cut FINA 700 points..

Table-2

SSA Time Standards			
2016 Junior Pan Pacific Championships			
Boys	Event	Girls	
A		A	
23.54	50m Freestyle	26.72	
52.83	100m Freestyle	58.64	
1:54.87	200m Freestyle	2:07.24	
4:07.85	400m Freestyle	4:28.46	
8:29.19	800m Freestyle	9:12.98	
16:20.98	1500m Freestyle	17:25.56	
58.49	100m Backstroke	1:05.45	
2:06.04	200m Backstroke	2:19.72	
1:05.84	100m Breaststroke	1:12.47	
2:23.04	200m Breaststroke	2:36.67	
56.10	100m Butterfly	1:03.04	
2:05.58	200m Butterfly	2:17.18	
2:08.69	200m Individual Medley	2:22.07	
4:34.62	400m Individual Medley	5:02.31	