



8th SSA National Schools Synchronised Swimming Championships 2017 1 & 2 April 2017 (Saturday & Sunday)

Bulletin One (Revised)

Singapore Swimming Association would like to invite all schools to participate in the **8th SSA National Schools Synchronised Swimming Championships 2017**.

Date : 1 April 2017 (Saturday) to 2 April 2017 (Sunday)
Venue : Toa Payoh Swimming Complex
Time : 9am to 6pm

Rules and Regulations:

The Competition shall be held according to the latest Rules of the FINA Handbook (2013 - 2017) and the rules as adopted by Singapore Swimming Association (SSA) and Singapore Schools Sports Council (Swimming Rules & Regulations).

The organising committee and SSA have the final rights to change and amend any rules. Final decision rests solely on the organising committee and SSA. Any clarifications and queries will be addressed officially in writing to the competition secretariat.

1. Events

- 1.1** Primary Division A, B, C, D – Solo, Duet and Team
- 1.2** Secondary Division A, B, C – Solo, Duet and Team
- 1.3** Invitational / Open Division Junior, Senior – Solo only
- 1.4** Any events with less than 3 entries may be cancelled

2. Entries

- 2.1** There is no restriction on the number of swimmers each school can enter in the competition. However, for team events, if a school decides to send more than 1 team for the same division, the preceding team must comprise minimum of 8 swimmers (excluding reserves). The number of athletes in Team events may be four to eight (4-8). 2 reserves are allowed per team.
E.g.
 - *If 2 teams: First team: 8 swimmers and second team may be four to eight (4 – 8) swimmers.*
 - *If 3 teams: First and second team: 8 swimmers and third team may be four to eight (4 – 8) swimmers.*
- 2.2** Each swimmer is only allowed to enter 1 solo, 1 duet and 1 team event.

- 2.3** Swimmers are to participate in their respective Divisions except for Team event.
E.g. the swimmer may swim solo/duet in the C division and elect to swim in the B or A division team event if there are insufficient swimmers in the B or A division.

3. Divisions

3.1 Primary Divisions

Divisions	Age Group
A Division	Born in 2004 and 2003*
B Division	Born in 2005
C Division	Born in 2006
D Division	Born in 2007 and later

*Still studying in Primary Level

3.2 Secondary Divisions

Divisions	Age Group
A Division	Born in 2000, 1999, 1998, 1997,
B Division	Born in 2002, 2001 and 2000**
C Division	Born in 2004 and 2003

**Still studying in Secondary Level

3.2.1 In general, all pupils shall take part in their respective age group with the exception of:

Divisions	Age Group
JC & Centralized Institute	All pupil MUST participate in A Division
IP (Through-Train) / IB	Year 1 to Year 4 shall compete in their respective age group Year 5 to Year 6 (equivalent to JC) shall compete in A Division

3.2.2 All students representing Secondary Schools must compete in the 'B' or 'C' Division according to their year of birth.

3.2.3 All students representing Secondary Schools not born in the stipulated year for 'B' or 'C' Division must compete in the 'A' Division.

3.3 Invitational / Open Divisions

Divisions	Age Group
Junior Division	- Born in 2005 and later - Student from International Schools
Senior Division	- Born in 2004 and earlier - Students from Polytechnic, University, International Schools

4. Routines

4.1 Competition will be based 100% on free routine scores.

4.2 Time Limits for the routine as follow:

Primary Divisions

Divisions	Time Limit		
	Solo (Free Routine) Minutes (+/- 30s)	Duet (Free Routine) Minutes (+/- 30s)	Team (4-8 persons) (Free Routine) Minutes (+/- 30s)
A Division	2:00 +/-	2:30 +/-	3:00 +/-
B Division	2:00 +/-	2:30 +/-	3:00 +/-
C Division	2:00 +/-	2:30 +/-	3:00 +/-
D Division	2:00 +/-	2:30 +/-	3:00 +/-

Secondary Divisions

Divisions	Time Limit		
	Solo (Free Routine) Minutes (+/- 30s)	Duet (Free Routine) Minutes (+/- 30s)	Team (4-8 persons) (Free Routine) Minutes (+/- 30s)
A Division	2:30 +/-	3:00 +/-	4:00 +/-
B Division	2:15 +/-	2:45 +/-	3:30 +/-
C Division	2:15 +/-	2:45 +/-	3:30 +/-

Invitational / Open Divisions

Divisions	Time Limit
	Solo (Free Routine) Minutes (+/- 30s)
Junior Division	2:00 +/-
Senior Division	2:15 +/-

- 4.3 Maximum deck time: 10 seconds.
- 4.4 Each Team entry for Team events may have a minimum number of 4 to a maximum number of 8 swimmers.
- PLEASE NOTE: A penalty of 0.5 points per swimmer shall be deducted where the team has less than 8 members.
E.g. if a team has only 4 swimmers, 2.0 points shall be deducted from the total score; if the team has 7 swimmers, 0.5 points shall be deducted.
- 4.5 For this championship, swimmers representing their school are not allowed to use any of the National Team's/ National Youth Team's routines choreographed by the National / National Youth Team coaches *BETWEEN Previous SEA games (2015) and the following SEA games (2017)*.

5. Scoring System

Judgement of Routine will be as per FINA Rule 2013 - 2017 at 30% Execution (EXEC) and 40% Artistic Impression (AI) and 30% Difficulty (DIFF), total 100% to determine the score of a routine.

6. Judges

Judges for this competition will be assigned by the SSA-TSSC, Head Judges Panel.

7. Music Submission

7.1 Team managers must label the music CD with the following information:

1. Name of the competitor
2. Name of school
3. Which Division (A/B/C/D)
4. Event (Solo / Duet / Team)

E.g. Stephanie Liew & Susan Ng, ABCD School, Primary, B Division, Duet.

7.2 Please note that each music CD should contain one music score only.

7.2.1 *E.g. even if the club or school has 3 swimmers using the same music score, each swimmer must have her own individual music CD. Non-compliance with the rule will/may face disqualification.*

8. Team Managers (or School-in-charge)

- 8.1 Drawing of competitor's start list will be conducted at **10am, 29 March 2017 (Wed)** at the Singapore Swimming Association. All Team Managers are encouraged to witness the draw.
- 8.2 All Team Managers are required to attend the Team Managers' meeting which will be held on the morning on **1 April and 2 April 2017** before the start of the competition.
- 8.3 Team Managers are to submit to the Referee, changes (if any) to entries at least 2 hours before the start of the respective event.

9. Prizes

- 9.1 Medals will be awarded to the top 3 positions for Solo, Duet and Team Events in each division.
- 9.2 To determine the Division Champions and Overall Champions for the Primary and Secondary Schools, points will be awarded in accordance with the rules and regulations of the Singapore Schools Sports Council.
- 9.3 Points will be awarded to participating schools for the top 8 positions in each event as follows:

Position	1st	2nd	3rd	4th	5th	6th	7th	8 th
Points	9	7	6	5	4	3	2	1

- 9.4 In the event of a tie in an individual event, for the calculation of Division Champions and Overall Champions for the Primary and Secondary Schools, the higher of the points in the tie position will be awarded to the Schools.

Eg, If Schools A & B tied in 3rd & 4th positions, 6 points will be awarded to both Schools.

10. Deadlines for Entries

Submission of Final Entries : **noon, 8 March 2017 (Wed)**
Swimmer's Profile Forms & photo copy of student pass : **noon, 8 March 2017 (Wed)**

Entries to be done via online <https://goo.gl/forms/wSK1CDs0wDIVqGXQ2>

Forms MUST be endorsed with the School stamp. Kindly provide the name of coach in charge of the school programme.

Swimmer's Profile form must be submitted on a per swimmer per form basis. Do include a photocopy of the student pass or passport together with the submission.

Incorrect and incomplete entries may lead to disqualification of participants.

All entries to be sent via email to:

Singapore Swimming Association
OCBC Aquatic Centre
7 Stadium Drive
#01-50 Singapore 397632

Attn: Ms Myra Goh

Tel: 6258 1011

Fax: 6258 4793

Email: synchro@swimming.org.sg