



8th SSA National Schools Synchronised Swimming Championships 2017
Toa Payoh Swimming Complex
1 & 2 April 2017 (Saturday & Sunday)

Final Information Bulletin

The 8th SSA National Schools Synchronised Swimming Championships 2017 will be held at Toa Payoh Swimming Complex on 1st and 2nd April 2017.

Please refer to the following pages for the programme guide. Please be informed that the programme is subject to change without prior notice. Any change in final programme will be made available during the Team Manager's meeting on 1st and 2nd April 2017

Please note the following important dates:

1. Draw of start lists: 29th Mar (Wednesday), 10am SSA

Teachers from schools and representatives from affiliates are encouraged to be present to witness the draw of Start List. Start Lists will be send to all participating Schools and affiliates after the draw.

2. Music Practice on 31st March 2017 (Friday)

Due to availability of pool, official music practice is from 1pm to 6pm on 31st March (Fri) only. Music practice time will be allocated to the Club/Affiliates in charge of the School. As we are having a very tight schedule on the 1st day of competition, we will appreciate all Team Managers (or Teacher-in-charge & coaches) to submit Music CD and any other document to the music station Manager immediately after their music practice.

2.1 Submission of the music CD:

IMPORTANT : One track per CD per routine per swimmer. **(STRICTLY NO SHARING OF CD).**

The CD MUST clearly marked with the following :

Name : (Name of Swimmer /School)
Event : (Solo / Duet / Team)
Category : (Primary / Secondary / Invitational Open)
Division : (A / B / C / D / Junior / Senior)

SSA reserves the right to disqualify a swimmer if the swimmer does not have her own music CD. Even if 10 swimmers have the same routine music, each of the 10 swimmers must have their own CD with the same music.

3. 1st April (Saturday) & 2nd April (Sunday), Toa Payoh Swimming Complex

Swimmers may commence their warm up from 7.30am. Competition will start at 9.30am sharp on 1st April (Saturday) and 9.00am sharp on 2nd April (Sunday)

1st April (Saturday)

3.1 Swimmers ID Check –

Swimmers are to carry their Photo ID with birth date, e.g. student bus pass, with them throughout the competition as the officials may conduct random check on swimmers.

3.2 Swim suit check –

There will not be any swim suit check but if the coaches/Team Manager has doubt on the swim suit, they may approach the Referee before the competition.

3.3 Team Manager's (or Teacher-in-charge or coaches) Meeting at 8.00am: The following Matters will be discussed /handled:

- a. Referee will review the competition rules
- b. All events are direct finals
- c. Withdrawal or change of swimmers to be submitted in writing on official form and to be given to the Referee 2 hours before the start of the particular event,
- d. Swimmers are to report to the marshal at least **15min** before the start of the event they are participating in. Late comers will not be allowed to participate in the event.
- e. All swimmers are expected to have FULL makeup and gelled hair for the competition.

Prize Presentation – 2nd April (Sunday), 4.30pm

3.4 Prize presentation for the competition will be held on 2nd April (Sun) at approximate 4.30pm. Top 3 positions for each event are to report to the volunteers at the prize presentation area 20mins before the start of the prize presentation.

3.5 Please note that certificates of participation will be given to all participants through their schools after the competition.

3.6 Thank you and we look forward to your school's participation.

Please direct ALL enquiries to:

Attn: Ms Myra Goh

Singapore Swimming Association | OCBC Aquatic Centre, 7 Stadium Drive, #01-50, Singapore 397632

Tel: 6258 1011 | Fax: 6258 4793 | Email: synchro@swimming.org.sg

8th SSA National Schools Synchronised Swimming Championships 2017 Organising Committee

- Philip Lee - Advisor, VP Synchronised Swimming, SSA
- Jonathan Wan - Competition Manager, SSA Technical Synchronised Swimming Committee (TSSC), Head, Competition Management
- Steve Chew - Evaluator, SSA Technical Synchronised Swimming Committee (TSSC), Head, Judges Panel
- Jeslyn Lee - Referee, FINA G-List Synchronised Swimming Judge
- Myra Goh - Chief Liaison, Sports Manager, SSA Synchronised Swimming

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Program Guide

| Date | Time | Activities | | |
|---|---------------|---|------------------|--------------|
| 29 Mar (Wed) | 10:00 | Draw of Start List for swimmers | | |
| | | (Venue: SSA Office – OCBC Aquatic Centre) | | |
| | | | | |
| 31 Mar (Fri) | 13:00 – 18:00 | Music Practice – refer to music practice schedule | | |
| | | | | |
| DAY 1 1 Apr (Sat) Toa Payoh Swimming Complex | 07:30 – 09:00 | Open pool for warm up (No music practice) | | |
| | 8:00 | TM Meeting | | |
| | 8:30 | Music Run thru | | |
| | 8:30 | Judges / TO Meeting | | |
| | 9:00 | End of warm up sessions, competition starts 930am | | |
| | Time | Event No | Div | Event |
| | 9:30 | 101 | Sec Div - A | Solo |
| | | Short Break / Change of Judging panel | | |
| | | 102 | Open - Junior | Solo |
| | | 103 | Pri Div - C | Solo |
| | 11:00 | Break | | |
| | 11:15 | 104 | Sec Div B - Solo | Solo |
| | 13:00 | Lunch | | |
| | 14:00 | 105 | Sec Div – C | Duet |
| | | Short Break / Change of Judging panel | | |
| | | 106 | Sec Div - A | Duet |
| | | 107 | Sec Div - B | Duet |
| | 15:45 | Break | | |
| | 16:00 | 108 | Pri Div - D | Solo |
| | 17:30 | End of Day 1 | | |

| Date | Time | Activities | | |
|---|--------------------|---|---------------|--------------|
| DAY 2 2 Apr (Sun) Toa Payoh Swimming Complex | 07:30 – 08:45 | Open pool for warm up (No music practice) | | |
| | 8:00 | TM Meeting | | |
| | 8:00 | Music Run thru | | |
| | 8:00 | Judges / TO Meeting | | |
| | 8:45 | End of warm up sessions, competition starts 9am | | |
| | Time | Event No | Div | Event |
| | 9:00 | 201 | Open - Senior | Solo |
| | | 202 | Sec Div - C | Solo |
| | | Short Break / Change of Judging panel | | |
| | 11:30 | 203 | Pri Div - B | Solo |
| | | Short Break / Change of Judging panel | | |
| | | Pre-Swimmer Duet | | |
| | | 204 | Pri Div - D | Duet |
| | 13:30 | Lunch | | |
| | 14:30 | 205 | Pri Div - C | Team |
| | | 206 | Pri Div - B | Team |
| | | 207 | Pri Div -D | Team |
| | | Short Break / Change of Judging panel | | |
| | 15:15 | 208 | Sec Div - A | Team |
| | | 209 | Sec Div - B | Team |
| | | 210 | Sec Div - C | Team |
| 16:00 | End of Day 2 | | | |
| 16:30 | Prize Presentation | | | |

Subject to change owing to weather conditions/unforeseen circumstances

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1st & 2nd April 2017

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| Music Practise Schedule Friday, 31st March (1pm – 6pm) |
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| S/No | Team | Start | End |
|------|------------------------|-------|-------|
| 1 | APSC | 13:00 | 13:31 |
| 2 | Aquadance | 13:31 | 13:36 |
| 3 | Speedi | 13:36 | 14:43 |
| 4 | Swimfast | 14:43 | 14:51 |
| 5 | National Team athletes | 14:51 | 15:20 |
| 6 | SCGS - APSC | 15:20 | 15:40 |
| | SCGS - Aquadance | 15:40 | 15:50 |
| | SCGS - Speedi | 15:50 | 15:59 |
| 7 | MGS - APSC | 15:59 | 16:12 |
| | MGS - Speedi | 16:12 | 16:19 |
| | MGS - Swimfast | 16:19 | 17:49 |
| | MGS - No Club | | |
| 8 | Synchrofit | 17:49 | 18:00 |

Note :

1. Practice with Music is only scheduled at the following
 - a. All National Team athletes, SCGS n MGS swimmers are to follow timing given to their school
 - b. Rest of the schools are to follow club's timing
2. Practice with Music is to be conducted at the diving pool only
3. There will be 4-lanes reserved at the Olympic pool for warm up and normal practice during **competition** days. Only team that are allocated the scheduled music practice time is allowed to use the diving pool
4. Team to submit CDs to music station Manager at least 1 hour before scheduled music practice time
5. Team is to provide listing of music to the music station OR assign person to be at the music station
6. Do be punctual for the music practice. No replacement of music practice if team is late
7. Music stop immediately when time is up.
8. In case of bad weather, music practice may be changed, delayed or cancelled
9. The music practice time is subjected to change without prior notice and decisions of the Organising Committee is final