



Singapore Swimming Association February Time Trials 2022

26th to 27th February 2022

OCBC Aquatic Centre

1.0 General Information

Technical Meeting for Team Leaders
Entries will be accepted from:
Entries Deadline:

Thursday, 24th February 2022, 11am
Wednesday, 16th February 2022 at 12noon
Tuesday, 22nd February 2022, 11.00am

Competition
Venue

SSA February Time Trials 2022
OCBC Aquatic Centre

Competition Schedule

Date	Day	Competition Time
26 th February 2022	Saturday	Will be shared nearer to the competition week.
27 th February 2022	Sunday	

- 1.1 The Time Trials shall be conducted under the Rules and By-laws of FINA as prescribed in the Handbook of FINA (2017 – 2021). One-start rule applies. The list of approved swimsuits can be viewed at <http://fina.org/content/fina-approved-swimwear>
- 1.2 The Time Trials are open only to Swimmers who are existing members of SSA Affiliates (henceforth known as Affiliates).
- 1.3 The results from this Time Trials can be used for qualifying for national meets. There will not be any certificates awarded for this Time Trials.
- 1.4 All entries must be submitted through SSA Affiliates. Entries submitted individually will not be accepted.
- 1.5 **Entries will be accepted from Wednesday 16th February 2022 at 12noon.**

Entry Deadline: Tuesday 22nd Feb at 11.00am

2.0 Competition Information

2.1 Events listed below will be for both Male and Female swimmers in the February Time Trials 2022

- a. Freestyle: 100m, 200m, 1500m
- b. Backstroke: 50m, 200m
- c. Breaststroke: 50m, 200m
- d. Butterfly: 100m
- e. Individual Medley: 400m

26th February (Day 1)	27th February (Day 2)
50m Breaststroke (Girls)	50m Breaststroke (Boys)
200m Freestyle (Girls)	200m Freestyle (Boys)
200m Backstroke (Girls)	200m Backstroke (Boys)
400m Individual Medley (Girls)	400m Individual Medley (Boys)
50m Backstroke (Boys)	50m Backstroke (Girls)
100m Butterfly (Boys)	100m Butterfly (Girls)
100m Freestyle (Boys)	100m Freestyle (Girls)
200m Breaststroke (Boys)	200m Breaststroke (Girls)
1500m Freestyle (Boys)*	1500m Freestyle (Girls)*

***Limited to maximum of 20 entries for 1500m Free event per gender**

All events will be timed finals and competitors shall be placed in graduated time order, from the *fastest to slowest*

- 2.2 Technical Officials – All Technical Officials shall be appointed by the SSA Technical Swimming Committee.
- 2.3 The SSA February Time Trials 2022 Management Committee reserves the right to the final decision on all matters pertaining to the Championships.
- 2.4 Format of Competition – The Championships are run in the FINA Long-Course Metres (LCM) format.
- 2.5 Schedule per day
The schedule will be released separately nearer to the competition date

3.0 Entry Regulations

- 3.1.1 **Swimmers Registration Fee (*For local and international swimmers*)**
2022 Annual Registration Fee is S\$30.00 (inclusive of 7% GST) per swimmer. *SSA will not be collecting the registration fee through the club as we are awaiting the online membership system which should be launched mid/end February.*
- 3.1.2 **Entry Fee (*Applicable to Singaporean and international swimmers*)**
a. Individual Event - S\$10.00 (inclusive of 7% GST) per event
- 3.2 **Entry Withdrawals**
Withdrawals of entered events can be done at no charge only at the Team Leaders Meeting on the hardcopy forms but entries fees will not be refunded.
- 3.3 Each swimmer will be allowed a maximum of 3 individual events per
Time Trial.
Swimmers are allowed only one racing opportunity per event.
(Example: if the swimmer has swum the 100m freestyle in the February Swim Series, they will not be allowed to swim the same event for the February Time Trials)
- 3.4 There is no entry qualifying time to participate at the Time Trials.
However, the swimmers must achieve a minimum time standard at this meet.
An administrative fee of **S\$30.00** per event will be imposed if a swimmer returns time slower than the minimum time standard.
- 3.5 The February Swim Series is open to swimmers aged 13 to 19 years old (born from 2003 to 2009).

From 1st Feb 2022, all venues / events must implement Vaccination-Differentiated Safe Management Measures (VDS). All Participants must be fully vaccinated to enter the venue.

Children who are born in 2009 have to be fully vaccinated by 1st March 2022 without which they will be classified as unvaccinated and therefore not allowed to participate based on VDS measures.

4.0 DNS/Withdrawals/Post Event Fees

4.1 Withdrawals Before Competition

An administrative fee of S\$30.00 shall be imposed on each withdrawal from entered event **after the release of the start list till 60 mins before the start** of the competition.

4.2 Withdrawals Made 60 mins Before the Start of Each Session

Withdrawals made without submission of the withdrawal form to the Control Room Supervisor **within sixty (60) minutes of the start of each session** shall be deemed as **Did Not Show or Did Not Start (DNS)**.

A penalty of S\$100.00 shall be imposed on all DNS.

4.3 Did Not Show/Did Not Swim (DNS)

Swimmers who do not show up for their event/do not submit a withdrawal form will be imposed with the penalty of \$100.00.

4.4 Post Event Fee Waivers

The administrative fee and penalties (Did Not Swim/Withdrawals) will be waived if the swimmer produces a valid medical certificate for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.

4.5

Minimum Time Standard

There is no entry qualifying time to participate at the Time Trials. However, the swimmers have to achieve a minimum time standard at this meet. An administrative fee of **S\$30.00** per event will be imposed if a swimmer returns time slower than the minimum time standard

Minimum Time Standard for Girls/Women			
Events	13-14 Years	15-17 Years	18 Years & Over
50 LC Meter Freestyle	00:33.72	00:32.33	00:31.58
100 LC Meter Freestyle	01:13.15	01:09.63	01:07.91
200 LC Meter Freestyle	02:49.18	02:32.75	02:30.65
400 LC Meter Freestyle	05:33.12	05:26.51	05:23.84
50 LC Meter Backstroke	00:38.60	00:37.58	00:36.70
100 LC Meter Backstroke	01:23.53	01:19.99	01:20.37
200 LC Meter Backstroke	03:01.25	02:58.53	02:55.58
50 LC Meter Breaststroke	00:42.79	00:41.62	00:40.10
100 LC Meter Breaststroke	01:32.63	01:30.55	01:29.30
200 LC Meter Breaststroke	03:22.26	03:09.73	03:16.39
50 LC Meter Butterfly	00:35.88	00:34.45	00:33.86
100 LC Meter Butterfly	01:20.13	01:16.45	01:14.87
200 LC Meter Butterfly	03:00.47	02:55.44	02:53.98
200 LC Meter IM	02:59.23	02:55.77	02:58.34
400 LC Meter IM	06:24.21	06:26.75	06:09.08
800 LC Meter Freestyle	11:40.85	11:22.22	11:14.51
1500 LC Meter Freestyle	22:58.94	21:54.69	21:14.26

Minimum Time Standard for Boys/Men			
Events	13-14 Years	15-17 Years	18 Years & Over
50 LC Meter Freestyle	00:30.64	00:29.00	00:28.34
100 LC Meter Freestyle	01:07.07	01:03.24	01:01.64
200 LC Meter Freestyle	02:27.03	02:18.84	02:16.31
400 LC Meter Freestyle	05:12.42	04:58.88	04:52.73
50 LC Meter Backstroke	00:35.86	00:33.58	00:33.34
100 LC Meter Backstroke	01:17.35	01:13.37	01:11.53
200 LC Meter Backstroke	02:48.76	02:41.53	02:35.13
50 LC Meter Breaststroke	00:39.79	00:36.31	00:35.15
100 LC Meter Breaststroke	01:25.09	01:19.91	01:18.59
200 LC Meter Breaststroke	03:04.43	02:54.76	02:47.28
50 LC Meter Butterfly	00:32.95	00:31.12	00:30.81
100 LC Meter Butterfly	01:13.66	01:08.58	01:08.18
200 LC Meter Butterfly	02:47.09	02:37.53	02:32.01
200 LC Meter IM	02:47.17	02:38.70	02:33.13
400 LC Meter IM	06:06.62	05:44.34	05:25.31
800 LC Meter Freestyle	11:08.37	10:39.79	10:20.44
1500 LC Meter Freestyle	21:09.15	20:02.93	19:27.42

5.0 Accreditation Passes

There will not be any accreditation passes for swimmers.

Starting from 1 July 2018, coaches who wish to apply for an accreditation pass to be on deck during national competitions must be an NROC Member.

Clubs / Schools are required to state the names of their coaches during the submission of entries prior to the start of the event and are subject to the approval of the SSA team.

The pool deck at all Singapore Swimming Association national competitions are strictly reserved for registered athletes, coaches, essential support staff, event staff or other persons approved by Singapore Swimming Association.

All accreditation cards remain the property of Singapore Swimming, are **NON-TRANSFERABLE**, and can be withdrawn or refused at Singapore Swimming's sole discretion.

Please note that applying for an accreditation under false pretences would be a violation of accreditation procedures. In order to ensure a safe and inclusive training and competition environment, we would ask that rules and regulations surrounding accreditation be respected. Anyone found to be in violation of this will have their accreditation removed and will be asked to leave the venue immediately.

5.1 Lost/Misplaced Accreditation Passes

Replacement passes for misplaced/lost accreditation passes are available for the following costs:

Replacement Cost for Misplaced or Lost Accreditation Passes	
Coach	SGD \$100

6.0 Control Room Guidelines

6.1 Infraction Enquiry or Clarification

- 6.1.1 Request for the details of Infraction committed by the swimmer or swimmers shall be made to the Swimming Competition Meet Director by the Team Leader. No proxies will be entertained.
- 6.1.2 In the absence of Meet Director, the infraction enquiry shall be directed only to the Deputy Meet Director or Control Room Supervisor.
- 6.1.3 Enquiry of infraction shall be made within the same day of competition.
- 6.1.4 The Team Leader / Coach shall provide Swimmer Details i.e., Event Number, Heat Number, Swimmer's Name, Affiliate Name and Lane assigned.
- 6.1.5 ONLY the Team Leader / Coach shall be allowed access to Swimming Competition Control Room to retrieve final result print-outs, submission of necessary paperwork and Infraction Enquiry. No proxies shall be allowed.

6.2 Protests

- 6.2.1 Protests are possible:
 - a. If the rules and regulations for the conduct of the competition are not observed,
 - b. If other conditions endanger the competitions and/or competitors, or against decisions of the referee; however, no protest shall be allowed against decisions of fact.
- 6.2.2 All protests shall be considered by the Meet Referee. However, protests against decisions of fact will not be allowed.
- 6.2.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.
- 6.2.4 Protests must be submitted in accordance with the following:
 - a. In writing, with the supporting facts.
 - b. With a deposit of S\$100.00 enclosed.
 - c. Submitted to the Meet Referee by Affiliate Team Leader / Coach. No proxies will be entertained.
 - d. Submitted within thirty (30) minutes following the conclusion of the respective event.
- 6.2.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader / Coach may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 6.2.6 If the protest is rejected, the deposit shall be forfeited to the SSA February Time Trials 2022 Management Committee. If the protest is upheld, the deposit shall be returned.

7.0 Competition Venue

- 7 Competition Venue Location:
<http://www.sportshub.com.sg/directions/Pages/getting-here.aspx>



8.0 Terms & Conditions

- 8.1 All Participants who have entered in the SSA February Time Trials 2022 are deemed to have given written permission to the Organizers for the Organizers to collect, analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers' programme, planning, date-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions or powers of SSA.
- 8.2 Whilst reasonable precaution will be taken by the Organizers to ensure the Participants' safety, Participants take part in SSA February Time Trials 2022 at their own risk and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation in SSA February Time Trials 2022. Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.
- 8.3 In the event of harsh weather conditions that could cancel the SSA February Time Trials 2022, SSA reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at SSA February Time Trials 2022.

9.0 Health Declarations

- 9.1 All personnel are to stay home and should not return to participate, if they are / have:
- on Medical Leave
 - ART+, PCR+ and tested positive of COVID-19
 - with respiratory symptoms (cough, sore throat, fever or shortness of breath), even if mild.
 - with a temperature above 38 degrees Celsius are considered as having a fever.
 - Serving SHN or Quarantine Order
- 9.2 For individuals on who are on Health Risk Warning Order (HRW), they will be allowed to enter the venue subjected to daily ART Test negative (applicable to Day 1 – 7 from notification).
- The photos of ART Test negative to be sent to organisers via the clubs
- 9.3 All participating swimmers are reminded to void strenuous activities, like swimming, for 2 weeks post vaccination jab

10.0 Key Dates

Date & Time	Event	Remarks
Wednesday, 16 th February 2022 at 12noon	TM entries file will be sent out and entries will be accepted	-
Tuesday, 22 nd February 11.00am	Entries Deadline	Entries list by affiliates/teams will be sent for verification
24 th February 2022, 11.00am	Team Leaders Meeting	Online Zoom Meeting
26 th to 27 th February 2022	SSA February Time Trials 2022	OCBC Aquatic Centre

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