



SSA FUTURES MEET

1-3 June 2022
(Wednesday to Friday)

Competition Venue:
OCBC Aquatic Centre

1.0 COMPETITION INFORMATION

Competition: SSA FUTURES MEET

For 8 – 17 years old (for swimmers born between 2005 to 2014)

Venue: OCBC Aquatic Centre

Dates: 1st to 3rd June 2022 (Wednesday – Friday)

2.0 GENERAL INFORMATION

2.1 The Championships shall be conducted under the Rules and By-laws of FINA as prescribed in the Handbook of FINA (2017). One-start rule applies. The list of approved swimsuits can be viewed at <http://fina.org/content/fina-approved-swimwear>

2.2 The **SSA FUTURES MEET** are open only to the following:
a. Swimmers who are existing members of SSA Affiliates (thereafter known as Affiliates).

2.3 All entries must be submitted through SSA Affiliates.

3.0 AGE GROUPS

3.1 A swimmer may only compete in the stipulated age group in which he/she falls under.

3.2 Age groups are computed as of follows:

13 – 17 years old (for swimmers born between 2005 to 2019)

8 to 12 years under (for swimmers born between 2010 to 2014)

4.0 ENTRY REGULATIONS

There is no entry qualifying time to participate at the SSA Futures Meet. However, the participating swimmers must achieve a minimum time standard at this meet. An administrative fee of **S\$30.00** per event will be imposed if a swimmer returns time slower than the minimum time standard

There is no limit to the number of individual events per swimmer.

All Entries are to be emailed to Tessa.seet@swimming.org.sg
by Monday, 23 May 2022 12 noon

4.1 **Swimmers Registration Fee** (For all swimmers)
2022 Annual Registration Fee is **S\$30.00 (inclusive of 7% GST)** per swimmer.

4.2 **Entry Fee**

- a. Individual Event - **S\$10.00 (inclusive of 7% GST)** per event

4.3 Withdrawals of entered events can be done at no charge only at the Team Leaders Meeting but entries fees will not be refunded.

4.4 Vaccination Differentiation Measures

Only Fully Vaccinated Personnel are allowed into the venue to participate.

Individuals aged 12 years and above are considered “fully vaccinated” for 270 days after the last dose in their primary vaccination series. They should receive their booster dose beyond the 270 days to maintain their vaccinated status.

Individuals who are medically ineligible for COVID-19 vaccination and unvaccinated children aged 12 and below are exempted from VDS and can participate VDS activities similar to fully vaccinated individuals.

For more details on vaccination status you may refer to the government's guidelines here:

<https://www.moh.gov.sg/covid-19/vaccination/faqs---booster-doses>

5.0 COMPETITION EVENTS

Competition Programme:

Events listed below will be for both Boys and Girls:

- | | | |
|----|--------------------|----------------------|
| a. | Freestyle: | 50m, 100m,200m,400m, |
| b. | Backstroke: | 50m, 100m, 200m |
| c. | Breaststroke: | 50m, 100m, 200m |
| d. | Butterfly: | 50m, 100m, 200m |
| e. | Individual Medley: | 200m, 400m |

The meet will be run in a timed finals format in 10 Lanes Pool setup from fastest to slowest

Competitors (regardless of age) shall be placed in graduated time order, fastest to slowest in 10-lane pool.

6.0 WITHDRAWALS

6.1 An administrative fee of **S\$30.00** shall be imposed on each withdrawal from entered event after the release of the start list till 60 mins before the start of each session.

6.2 Withdrawals within sixty (60) minutes of the start of each session (Heats or Finals) or without notification to the Control Room Supervisor shall be deemed Did Not Show or Did Not Start (DNS). A penalty of **S\$100.00** shall be imposed on all DNS.

- 6.3 Withdrawals for finals **including** the Reserve Swimmers of each event must be presented to the Control Room Supervisor **within 30 minutes of the posting of the Overall Heats result** to avoid the administrative fee.
- 6.4 The administrative fee and penalty will be waived if the swimmer produces a valid medical certificate for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.

7.0 PROTESTS

- 7.1 Protests are possible:
- a. if the rules and regulations for the conduct of the competition are not observed,
 - b. if other conditions endanger the competitions and/or competitors, or
 - c. against decisions of the referee; however, no protest shall be allowed against decisions of fact.
- 7.2 All protests shall be considered by the Meet Referee.
- 7.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.
- 7.4 Protests must be submitted in accordance with the following:
- a. In writing, with the supporting facts
 - b. With a deposit of **S\$100.00** enclosed
 - c. Submitted to the Meet Referee by Affiliate Team Leader. No proxies will be entertained
 - d. Submitted within thirty (30) minutes following the conclusion of the respective event
- 7.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 7.6 If the protest is not upheld, the deposit shall be forfeited to the Organising Committee of the Championships. If the protest is upheld, the deposit shall be returned.

8.0 Order of Events

Session	Day 1 - 1st June		Day 2 - 2nd June		Day 3 - 3rd June		Remarks
	Start Time: 9.15am		Start Time: 9.15am		Start Time: 9.15am		
AM Session 13 - 17 yrs old	50m Breast		50m Back		50m Free		Fastest to Slowest
	100m Fly		100m Free		50m Fly		
	100m Back		200m IM		100m Breast		
	200m Free		200m Breast		200m Back		
	400m IM		200m Fly		400 Free		
	Start Time: 12.30pm		Start Time: 12.30pm		Start Time: 12.30pm		
8 - 12 yrs old	50m Back	8 - 12 yrs old	50m Breast	8 - 12 yrs old	50m Free	8 - 12 yrs old	Fastest to Slowest
	100m Free	8 - 12 yrs old	100m Fly	8 - 12 yrs old	50m Fly	8 - 12 yrs old	
	200m IM	10 - 12 yrs old	100m Back	8 - 12 yrs old	100m Breast	8 - 12 yrs old	
	200m Breast	11 - 12 yrs old	200m Free	10 - 12 yrs old	200m Back	11 - 12 yrs old	
	200m Fly	11 - 12 yrs old	400m IM	11 - 12 yrs old	400m Free	11 - 12 yrs old	

Please note that the start times may be subject to change.

9.0 MINIMUM TIME STANDARD - BOYS (MTS) – ADOPTED FROM SNAG 2020 STANDARDS

Events	8 years	9 years	10 years	11 years	12 years	13 – 14 years	15 – 17 years
50 LC Meter Freestyle	00:46.68	00:42.27	00:40.18	00:38.47	00:36.37	00:30.64	00:29.00
100 LC Meter Freestyle	01:45.38	01:34.14	01:28.76	01:24.32	01:19.59	01:07.07	01:03.24
200 LC Meter Freestyle	NA	NA	03:12.88	03:03.45	02:53.28	02:27.03	02:18.84
400 LC Meter Freestyle	NA	NA	NA	06:26.40	06:03.77	05:12.42	04:58.88
50 LC Meter Backstroke	00:55.63	00:49.50	00:46.87	00:44.96	00:42.66	00:35.86	00:33.58
100 LC Meter Backstroke	01:59.65	01:46.93	01:41.74	01:36.84	01:31.91	01:17.35	01:13.37
200 LC Meter Backstroke	NA	NA	NA	03:30.97	03:20.06	02:48.76	02:41.53
50 LC Meter Breaststroke	01:01.94	00:55.20	00:51.56	00:48.94	00:45.58	00:39.79	00:36.31
100 LC Meter	02:16.17	02:01.23	01:53.66	01:48.37	01:40.66	01:25.09	01:19.91
200 LC Meter	NA	NA	NA	03:51.86	03:34.65	03:04.43	02:54.76
50 LC Meter Butterfly	00:52.26	00:46.40	00:43.57	00:41.76	00:39.34	00:32.95	00:31.12
100 LC Meter Butterfly	02:07.00	01:45.41	01:38.61	01:33.57	01:27.99	01:13.66	01:08.58
200 LC Meter Butterfly	NA	NA	NA	03:35.13	03:18.79	02:47.09	02:37.53
200 LC Meter IM	NA	NA	03:33.60	03:25.04	03:13.81	02:47.17	02:38.70
400 LC Meter IM	NA	NA	NA	07:22.78	06:55.18	06:06.62	05:44.34

MINIMUM TIME STANDARD - GIRLS (MTS) ADOPTED FROM SNAG 2020 STANDARDS

	8 years	9 years	10 years	11 years	12 years	13 – 14 years	15 – 17 years
50 LC Meter Freestyle	00:50.00	00:45.37	00:41.85	00:39.56	00:37.44	00:33.72	00:32.33
100 LC Meter Freestyle	01:54.95	01:40.38	01:32.56	01:27.13	01:22.05	01:13.15	01:09.63
200 LC Meter Freestyle	NA	03:43.09	03:21.59	03:11.89	03:00.98	02:39.18	02:32.75
400 LC Meter Freestyle	NA	NA	NA	06:44.86	06:21.81	05:33.12	05:26.51
50 LC Meter Backstroke	00:59.18	00:54.19	00:48.92	00:46.64	00:43.69	00:38.60	00:37.58
100 LC Meter Backstroke	02:09.80	01:58.45	01:47.76	01:41.56	01:34.55	01:23.53	01:19.99
200 LC Meter Backstroke	NA	NA	NA	03:37.73	03:26.61	03:01.25	02:58.53
50 LC Meter Breaststroke	01:05.59	00:59.17	00:54.17	00:50.29	00:47.75	00:42.79	00:41.62
100 LC Meter Breaststroke	02:23.69	02:09.08	01:58.04	01:50.86	01:44.90	01:32.63	01:30.55
200 LC Meter Breaststroke	NA	NA	NA	03:58.54	03:44.86	03:22.26	03:09.73
50 LC Meter Butterfly	00:56.78	00:50.04	00:45.43	00:43.37	00:40.74	00:35.88	00:34.45
100 LC Meter Butterfly	02:13.78	01:57.98	01:46.25	01:38.09	01:31.36	01:20.13	01:16.45
200 LC Meter Butterfly	NA	NA	NA	03:47.74	03:32.14	03:00.47	02:55.44
200 LC Meter IM	NA	04:07.21	03:45.66	03:32.24	03:19.33	02:59.23	02:55.77
400 LC Meter IM	NA	NA	NA	07:34.44	07:21.71	06:24.21	06:26.75

There is no entry qualifying time to participate at the SSA FUTURES MEET.
 However, the participating swimmers must achieve a minimum time standard at this meet.
 An administrative fee of **S\$30.00** per event will be imposed if a swimmer returns time slower than the minimum time standard

10.0 ACCREDITATIONS

10.0 Starting from 1 July 2018, coaches who wish to apply for an accreditation pass to be on deck during national competitions must be an NROC Member.
Clubs / Schools are required to fill up the accreditation form with the details of the accredited personnel.

10.1 Lost or Misplaced Accreditation Passes

Replacement passes are available at the following:

Replacement Cost for Misplaced or Lost Accreditation Pass	
Coach / Team Manager	SGD \$100

11.0 TERMS & CONDITIONS

All Participants who are entered in the SSA FUTURES MEET is deemed to have given written permission to the Organizers for the Organizers to collect analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers' programme, planning, date-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions or powers of SSA.

Whilst reasonable precaution will be taken by the Organizers to ensure the Participants' safety, Participants take part in SSA FUTURES MEET at their own risk and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation SSA FUTURES MEET. Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.

In the event of harsh weather conditions that could SSA FUTURES MEET SSA reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at the SSA FUTURES MEET

12.0 HEALTH DECLARATIONS

- 12.1 All personnel are to stay home and should not return to participate, if they are / have:
- on Medical Leave
 - ART+, PCR+ and tested positive of COVID-19
 - with respiratory symptoms (cough, sore throat, fever or shortness of breath), even if mild.
 - with a temperature above 38 degrees Celsius are considered as having a fever.
 - Serving SHN
- 12.2 For individuals on who are on Health Risk Notice (HRN), they will be allowed to enter the venue subjected to daily ART Test negative (applicable to Day 1 – 5 from notification).
The photos of ART Test negative to be sent to organisers via the clubs

13.0 Key Dates and Timeline

Date & Time	Juniors Programme	Venue
23 rd May 2022, Monday, 12 noon	Entries Deadline to Tessa.seet@swimming.org.sg	
30 th May 2022, Monday, 11am	Team Leaders Meeting via Zoom	
1 st – 3 rd June 2022	SSA FUTURES MEET	OCBC Aquatic Centre