

<p>Competition</p>	<p><b>32nd South-East Asian Games</b> <b>Phnom Penh, Cambodia May 5-17, 2023</b> <b>(Swimming Dates TBA)</b></p>
<p>Qualifying Period</p>	<p>1 May 2022 to 31 Dec 2022</p>
<p>Initial Release Date</p>	<p>14 June 2022</p>
<p>Selection Events</p>	<ul style="list-style-type: none"> <li>• 31<sup>st</sup> SEA Games 2021 (2022 Hanoi)</li> <li>• 19<sup>th</sup> World Championships, Budapest 2022</li> <li>• 17<sup>th</sup> Singapore National Swimming Championships, June 2022</li> <li>• XXII Commonwealth Games, Birmingham 2022</li> <li>• <b>20<sup>th</sup> ASEAN University Games, Thailand 2022</b></li> <li>• Junior Pan Pacs, Hawaii 2022</li> <li>• 2023 Major Games Qualifier 23-26 Nov 2022</li> <li>• Overseas Based Athletes not returning for 17<sup>th</sup> SNSC can select one qualifying meet May 1 – Aug 31 2022</li> <li>• Overseas Based Swimmers not returning for 2023 Major Games Qualifier can select one accredited and sanctioned meet between Oct 1 – Dec 31 that comply with FINA standards.</li> <li>• Both Overseas Based Athletes selected meets must comply with FINA standards. Submission of these meets must be received at Singapore Swimming Association (SSA) by 1700hrs Aug 30, 2022 (and prior to actual selection meet nominated).             <ul style="list-style-type: none"> <li>○ Nomination of Overseas meet is to be sent to <a href="mailto:sonya.porter@swimming.org.sg">sonya.porter@swimming.org.sg</a></li> <li>○ The overseas based athlete is responsible to seek clarification from the host country that the meet is a FINA qualifying event</li> <li>○ Any times submitted that are not from a FINA qualifying event will NOT be accepted.</li> <li>○ Official times must be sent directly to SSA within two days of the meet conclusion.                 <ul style="list-style-type: none"> <li>▪ Send times to <a href="mailto:tracie.tan@swimming.org.sg">tracie.tan@swimming.org.sg</a></li> </ul> </li> </ul> </li> </ul>
<p>Eligibility</p>	<p>To be considered for selection, a swimmer must meet all the following eligibility criteria and maintain through the Championships:</p> <ol style="list-style-type: none"> <li>1. Be a Singapore citizen, eligible to represent Singapore.</li> <li>2. Be a registered member of SSA in good standing.</li> <li>3. Have a signed current SSA Athlete Agreement.</li> <li>4. Met performance standards as designated by Singapore National Olympic Committee (SNOC), 3<sup>rd</sup> place timing at the 2022 31<sup>st</sup> SEA Games, Hanoi, Vietnam.             <ol style="list-style-type: none"> <li>a. Times must be achieved in an individual event; relay lead-off times, intermediate splits or swim-off results will not be considered for individual event selection purposes.</li> <li>b. B. Exception – Relay LO times can be used for Relay consideration.</li> </ol> </li> <li>5. Have competed and qualified in at least one of the designated selection events or a 2022 designated accredited meet if based</li> </ol>

	<p>overseas unless granted an exemption under the provisions of the criteria by the SSA Selectors.</p> <ol style="list-style-type: none"> <li>6. This exemption will only be granted due to extenuating circumstances. On request of SSA, evidence shall be provided of the extenuating circumstances, prior to the exemption being considered.             <ol style="list-style-type: none"> <li>a. Extenuating circumstances can include but is not limited to:                 <ol style="list-style-type: none"> <li>i. Injury or Illness</li> <li>ii. Equipment Failure</li> <li>iii. Travel Delays</li> <li>iv. Bereavement, and</li> <li>v. Such other circumstances as the selectors may consider to be relevant.</li> </ol> </li> </ol> </li> <li>7. Continues to train for, behave and act towards peak swimming performance.</li> <li>8. Be available to fulfil the Team Commitments as listed below and any additional commitments following selection.</li> <li>9. Not used or administered any substance which, if it had been detected as being present in the athlete’s body tissue or fluids, would have constituted doping, or used any prohibited method or committed any other doping offence as defined in ADS’s, WADA or FINA’s Anti-Doping By-law.</li> <li>10. No individual can perform the role of both participating swimmer and coach at the same meet.             <ol style="list-style-type: none"> <li>a. The individual shall declare their intention upon selection of their specific role.</li> <li>b. Each individual will declare their role upon signing either the Athletes’ Agreement or Coaches’ Agreement</li> </ol> </li> </ol>
<p>Team Commitments</p>	<p>All swimmers and officials must:</p> <ol style="list-style-type: none"> <li>1. Comply with the provisions of the SSA and SNOC Athletes and Officials Agreements at all times.</li> <li>2. Conform to SSA and SNOC requirements regarding team participation. This includes, but may not be limited to, providing an acceptable training plan, attendance at a pre-event camp and wearing team uniform as required.</li> <li>3. Make themselves available for all team activities designated by SNOC and SSA.</li> <li>4. Not act in such a manner as to bring the SNOC, athlete or SSA into public disrepute.</li> <li>5. Swimmers and Officials are required to appear at events and platforms whereby their images and presence are needed to achieve SNOC’s and SSA’s objectives of giving back to the Sport and the wider community. These obligations will be further outlined in the SNOC and SSA Athletes and Officials Agreement as per Point 1.</li> </ol>
<p>Performance Requirements</p>	<p><b>Selection Priority:</b> Swimmers will be selected for nomination to SNOC by the following priority-</p> <ol style="list-style-type: none"> <li>1. Individual A Qualifiers</li> <li>2. Relay Alternates</li> <li>3. Individual B Qualifiers</li> </ol>

To be considered for selection for **individual events** for the 32<sup>nd</sup> SEA Games, swimmers are required to:

1. Achieve an A Time Standard as shown below in Table 1. at one of the designated selection meets.
  - a. The Automatic Qualifying time set by SNOC for this championship is based on the 3<sup>rd</sup> placed time at the 2021 (2022) SEA Games, Hanoi.
  - b. Achieving this standard automatically qualifies you to be nominated to the 2023 SEA Games, given that you are one of the two fastest swimmers at the conclusion of the qualifying period 31 Dec 2022.
2. Achieve as Juniors: Boys 19 and under, and Girls 18 and under on December 31 2023, a B Time Standard as shown in Table 1. at one of the designated selection meets.
  - a. Swimmers achieving B- time standards will be nominated if there are open spaces in those events after selection of A qualifiers and relay alternates.
  - b. B Time Standard is equal to the faster of 4<sup>th</sup> place time at the 2021 SEA Games or 1% off the 2023 SNOC SEA Games A-cut.
  - c. Swimmers achieving B standards will be ranked according to World Ranking.
  - d. Swimmers who are nominated via a B Time standard will be submitted to SNOC as an appeal and subject to the decision of SNOC.
3. A maximum of 2 swimmers per event may be considered for selection. Swimmers with a B Time Standard will be nominated based on open events up to a maximum of 2 swimmers per event.
4. Should two or more swimmers achieve the same qualifying time at the selection meets then the swimmer's second fastest time (and subsequent times should there continue to be a tie) in that event during the selection meets will be used to determine which swimmer is selected.
5. Relay lead-offs or splits will **NOT** be considered for selection for individual events.

**Additional Events:**

At the discretion of the National Head Coach, Technical Director and Selection Committee, at the conclusion of SNOC selection process, **ALL** swimmers **selected** for the 2023 SEA Games Championships, through the selection process (meaning they have been named to the official team roster), are available swimmers for additional events (events in which they haven't achieved the qualifying criteria) if there are open spots.

1. Swimmers will be ranked by times for all events they have results from the qualification window
2. Swimmers will be added to open events based on rankings
3. No swimmer will be added to an event that could affect the outcome of their selected events.
4. If a swimmer declines an additional event, the next available swimmer will be offered the spot.
5. SSA is not obligated to fill all spots with available swimmers should there not be a viable swimmer available.

### **Criteria for Nomination for Relay Events:**

All swimmers selected to the official team roster for 2023 SEA Games are considered available and eligible for relay positions as determined by the National Head Coach and staff at the championship meet.

#### **Freestyle Relays**

Swimmers will be nominated by the following priority:

1. Consideration for the 4 x 100 and 4 x 200 free relays.
  - a. Fastest 2 Qualified individual swimmers for the 100 and 200 freestyle events
  - b. For each 100m & 200m Freestyle events, up to 4 additional athletes may be nominated for selection as per ranking from the selection window.
  - c. Relay Lead-off times **ARE** considered for relay-only nomination
  - d. The 4 slowest swimmers combined times must make the relay qualifying standard for the relay, as per Table 1 for consideration.

#### **Medley Relays**

1. The medley relays will be selected at the meet from the following:
  - a. The fastest combination, meaning the fastest swimmer available during the course of the meet, including:
    - i. the fastest individual distance (100m) of stroke during the SEA Games 2023 championships or,
    - ii. an individual posting a faster time during the selection window who not necessarily swims that event at the SEA Games due to conflict with other events.
2. Should no individual swimmers for each of the form strokes (Butterfly, Backstroke, Breaststroke and Freestyle) be selected to the official team roster:
  - a. The fastest swimmer of the form strokes will be nominated to form a medley relay
    - i. The combined time of swimmers must make the qualifying standard for the relay, as per Table 1 for consideration.
  - b. Alternate stroke swimmers may be nominated for selection:
    - i. Should the maximum team size not yet be filled.
    - ii. Suitable alternate is not already available through other selected events
    - iii. The combined time of swimmers including alternates must make the qualifying standard for the relay, as per Table 1 for consideration.


#### **General Relay Information**

1. The final decision of the composition of the relays will be made by the National Head Coach in consultation with National Technical Director and team coaches at the Games. The four best swimmers on day of competition from any event (not necessarily qualified on the relay or individual 100 or 200 freestyle events) may be called to step up to represent Singapore.

	<p>a. Selection criteria for composition of relays at the meet will be based on, but not limited to the following:</p> <ul style="list-style-type: none"> <li>i. Individual race performances during the meet</li> <li>ii. Historical reference of available athletes and their performances at the meet.</li> </ul> <p>2. Relay-Only swimmers selected and named to the official team roster, are available for additional events as <b>selected</b> swimmers. (see criteria for Additional Events in Performance Criteria)</p>
<p>Team Size</p>	<ol style="list-style-type: none"> <li>1. With the approval of SNOC, SSA intends to send 2 representatives per each individual event and fill all qualified relay positions.</li> <li>2. The fastest 2 qualifying swimmers of each individual event within the qualifying window will, by default, be automatically nominated to represent Singapore at the SEA Games 2023. If the 2 fastest swimmers choose not to swim in a particular individual event, the slot will go to the 3<sup>rd</sup> fastest qualifying swimmer in the event and so on.</li> <li>3. SSA shall not be obligated to take a full team of two athletes per event should a qualifying athlete or suitable developing athlete not be available for selection.</li> <li>4. Relay swimmers will be nominated based on strict selection criteria that ensures Singapore has optimal swimmers available in line with Podium performance outcomes.</li> </ol>
<p>Coaches Selection</p>	<p>SSA will nominate The National Head Coach to SNOC for SEA Games 2023 selection.</p> <p>Subject to the approval of SNOC, the number of additional coaches selected will depend on the number of swimmers selected with a maximum ratio of 1:4 (1 coach x every 4 swimmers), based on the ranking of the swimmers selected to the Games (<i>Rankings based on World Ranking 2 per country September 1 2021 to August 31 2022</i>).</p> <p><b>Eligibility:</b></p> <ol style="list-style-type: none"> <li>1. NROC (current registration, or internationally recognised Foreign Certification equivalent)</li> <li>2. The nominated coach of an athlete must be the coach of record for at least 3 months prior to the athlete’s selection to the SEA Games 2023 and remain the coach of record through SEA Games 2023.</li> </ol> <p>The coaches will be selected in accordance to the following priority.</p> <ol style="list-style-type: none"> <li>1. Coaches with swimmers ranked in the top 20 World Rankings.</li> <li>2. Number of swimmers that have achieved the A Time Standard.             <ul style="list-style-type: none"> <li>a. First, highest ratio swimmers with A cuts to coach of record;                 <ul style="list-style-type: none"> <li>i. When more coaches than spots available, swimmers will be ranked by their highest World Ranking.</li> </ul> </li> </ul> </li> <li>3. Number of swimmers that have achieved the B Time Standard.             <ul style="list-style-type: none"> <li>a. Swimmers will be ranked by their highest World Ranking for coach selection.</li> </ul> </li> </ol>

<p>Notes</p>	<p>The Singapore National Olympic Council (SNOC) is the body which sets the qualifying standards for all sports. They are also the governing body that selects the athletes for the Games and considers any appeal cases which the NSAs may submit.</p> <p>The selection committee will consist of the following</p> <ul style="list-style-type: none"><li>• Vice-President (Swimming)</li><li>• Assistant Secretary General (Swimming)</li><li>• National Head Coach</li><li>• Technical Director</li><li>• National Training Centre Head Coach</li></ul> <p>The appeals committee will consist of the following</p> <ul style="list-style-type: none"><li>• SSA President</li><li>• SSA Secretary General</li><li>• Ho Mun Wai</li></ul> <p>The HPC may amend these selection criteria at any time at its discretion with the approval of the SSA Selection Committee.</p>
<p>Approved Date</p>	<p>6 October 2022</p>

**Table 1:**

Women					Men			
A cut= SEA Games 2021 3rd Place time B cut = fastest time from 2021 4th place or 1% off 2023 A cut					A cut= SEA Games 2021 3rd Place time B cut = fastest time from 2021 4th place or 1% off 2023 A cut			
1% off 2023 A cut	2021 4th place	B-cut	A-Cut 2 Entries	Events	A-Cut 2 Entries	B-cut	2021 4th place	1% off 2023 A cut
00:25.74	00:25.62	00:25.62	00:25.49	50m Freestyle	00:22.85	00:23.07	00:23.07	00:23.08
00:57.52	00:56.99	00:56.99	00:56.95	100m Freestyle	00:50.14	00:50.37	00:50.37	00:50.64
02:04.44	02:06.89	02:04.44	02:03.21	200m Freestyle	01:49.35	01:49.36	01:49.36	01:50.44
04:20.10	04:18.19	04:18.19	04:17.52	400m Freestyle	03:56.68	03:58.73	03:58.73	03:59.05
09:04.37	09:01.82	09:01.82	08:58.98	800m Freestyle	08:06.71	08:10.77	08:10.77	08:14.51
17:19.58	17:07.64	17:07.64	17:07.45	1500m Freestyle	15:33.54	15:39.87	15:39.87	15:42.88
00:29.89	00:29.74	00:29.74	00:29.59	50m Backstroke	00:25.88	00:26.04	00:26.04	00:26.14
01:04.50	01:04.51	01:04.50	01:03.86	100m Backstroke	00:56.21	00:56.77	00:56.88	00:56.77
02:21.30	02:20.80	02:20.80	02:19.90	200m Backstroke	02:01.80	02:02.26	02:02.26	02:03.02
00:32.42	00:32.42	00:32.42	00:32.10	50m Breaststroke	00:28.32	00:28.60	00:28.81	00:28.60
01:10.99	01:10.57	01:10.57	01:10.29	100m Breaststroke	01:02.74	01:03.08	01:03.08	01:03.37
02:33.49	02:35.08	02:33.49	02:31.97	200m Breaststroke	02:17.68	02:18.12	02:18.12	02:19.06
00:27.25	00:26.99	00:26.99	00:26.98	50m Butterfly	00:24.30	00:24.37	00:24.37	00:24.54
01:01.76	01:01.36	01:01.36	01:01.15	100m Butterfly	00:52.98	00:53.51	00:53.83	00:53.51
02:15.69	02:14.75	02:14.75	02:14.35	200m Butterfly	01:59.33	02:00.04	02:00.04	02:00.52
02:18.12	02:16.76	02:16.76	02:16.75	200 IM	02:03.73	02:03.85	02:03.85	02:04.97
04:59.38	04:57.44	04:57.44	04:56.42	400IM	04:23.43	04:26.06	04:26.18	04:26.06

Relay Qualification Times		
3rd place		3rd place
03:51.57	4x100 m Free	03:24.28
08:26.24	4x200m Free	07:21.49
04:15.33	4x100m Medley	03:43.67