



## **Annex B**

### **SSA ATHLETE PROTECTION POLICY**

The following policies related to the Athlete's Protection are mandatory components of the Singapore Swimming Association (SSA) Code of Conduct:

1. Inappropriate touching between an athlete and an adult who participates in SSA activities, who is either a member or non-member of SSA is prohibited, including, but not limited to, excessive touching, hugging, kissing, sexually oriented behaviour, sexually stimulating or otherwise inappropriate games, and having an athlete sit on a non-family member adult's lap.
2. Any rubdown or massage performed on an athlete by any adult member or Participating Non-Member, excluding the spouse, parent, guardian, sibling, or personal assistant of such athlete, is prohibited unless the athlete has given consent and such adult is a licensed massage therapist or other certified professional. The coach shall not perform a rubdown or massage of an athlete under any circumstances, even if a coach is a licensed massage therapist,
3. Any rubdown or massage performed at a swim venue or during a swimming competition by a licensed professional must be conducted in open/public locations and must never be done with only the athlete and licensed massage therapist in the room.
4. Use of audio or visual recording devices, including a mobile phone camera, is not allowed in changing areas, rest rooms or locker rooms.
5. Travel
  - a. Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete unless the coach is the parent, guardian, sibling, or spouse of that particular athlete.
  - b. Team managers and chaperones must be members of SSA.

- c. When only one athlete and one coach travel to a competition, the athlete must have his/her parent's (or legal guardian's) written permission in advance to travel alone with the coach.